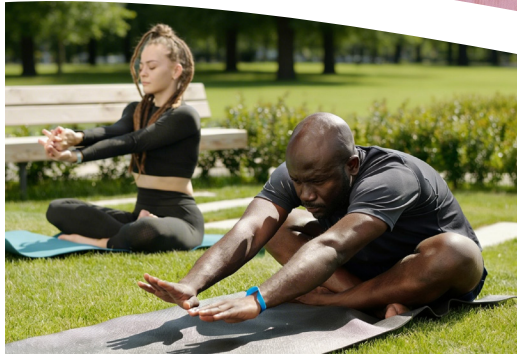


# Find Your Fit

**Sunday, Aug. 23, 2026  
1-4 p.m.**

**Oak Park Community Center Lawn**



Join us for a free event featuring fitness activities, air jumper, inflatables, nature education table and more! Presented by Oak Park Recreation and Oakland County Parks. Fun for all ages and abilities.

*No registration needed.*

*Food and beverages will be available for purchase. Socks required for inflatables.*

## **Schedule of Fitness Activities:**

**1:15 - 1:45 p.m. - Power Playground Fitness**

**2:15 - 2:45 p.m. - Pilates**

**3:15 - 3:45 p.m. - Hustle**

**Questions about this event?  
Call 248-858-0916.**

